



MEANINGFUL
DAYS



October





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Morning Exercise Balloon Flyswatter Happy Hour/  Gentle Hand Massage	2 Amy- Office Day Morning Exercise Reminisce: Fall Traditions Music with Jenni Thyng Simple Puzzles	3 Morning News & Coffee Table Games Movie Time Aromatherapy
4 10:00 Lutheran Service 11:00 Catholic Mass Social Hour Nature Videos	5 Morning Exercise Music with Madison  Story Circle	6 Morning Exercise Manicure Station Apple Cider Social Gratitude Moment	7 Gail's 94 th B-day Morning News & Coffee Scenic Drive Chocolate Pie Social/ Trivia "It's the Great Pumpkin, Charlie Brown" Movie 	8 Morning Exercise Guess what's in the box Happy Hour/  Gentle Hand Massage	9 Morning Exercise Reminisce: School days October Birthday Party! Music with Randy Rolloff Simple Puzzles	10 Morning News & Coffee Table Games Movie Time Aromatherapy
11 10:00 Lutheran Service 11:00 Catholic Mass Social Hour Nature Videos	12 Ken A. 72 nd B-Day Morning Exercise Music with Madison  Story Circle	13 Morning Exercise "What's missing" Game Pumpkin Painting Gratitude Moment	14 Morning Exercise Private Dining Chair Soccer "Ghostbusters" Movie 	15 Morning Exercise Name that Tune  Happy Hour/  Gentle Hand Massage	16 Flannel Day Morning Exercise Reminisce: First Car/First Date Music with Camp Dawgz Simple Puzzles	17 Morning News & Coffee Table Games Movie Time Aromatherapy
18 10:00 Lutheran Service 11:00 Catholic Mass Social Hour Nature Videos	19 Morning Exercise Music with Madison  Story Circle	20 Coffee & Conversation Manicure Station Monster Balloon Volleyball Gratitude Moment	21 International Day of the Nacho Morning Exercise Private Dining Nacho Social "Hocus Pocus" Movie 	22 Morning Exercise Fall Leaf Art Happy Hour/  Gentle Hand Massage	23 Morning Exercise Reminisce: Snow storms Performance: A Dramatic Reading of The Legend of Sleepy Hollow Simple Puzzles	24 Morning News & Coffee Table Games Movie Time Aromatherapy
25 10:00 Lutheran Service 11:00 Catholic Mass Social Hour Nature Videos	26 Morning Exercise Music with Madison  Story Circle	27 Morning Exercise Witch Hat Ring Toss Halloween Trivia Dementia Support Group Gratitude Moment	28 Vivian's 92 nd B-day Morning Exercise Village Inn Outing Carmel Apple Pie with Ice Cream Social "The Adam's Family" Movie 	29 Morning Exercise Pumpkin Bowling Happy Hour/  Gentle Hand Massage	30 Morning Exercise Reminisce: Trick or Treating Halloween Party Simple Puzzles Trick or Treating 6-7PM 	31 HALLOWEEN Morning News & Coffee Table Games Movie Time Aromatherapy



MORNING START

Start the day with purpose

MIDDAY PULSE

Stay active and engaged

AFTERNOON FLOW

Inspire, create and connect

EVENING CALM

Relax, reflect and unwind

All activities are subject to change. Thank you for your understanding as we meet the needs and preferences of our residence each day.

